

# Preparing for Adulthood Learning Journey EYFS-Yr 11

## Foundation

To explore a sense of self, including likes, dislikes, and personal preferences  
To develop basic self-care skills and independence with daily routines  
To communicate needs and preferences using their preferred method  
To engage in familiar routines and activities to build confidence  
To develop awareness of social inclusion and participation in the community

## Informal

To demonstrate a sense of self, including understanding their own preferences in order to live an enriched life,  
To develop relevant self-care skills,  
To become a confident communicator using their preferred method of communication,  
To be able to independently self-regulate or identify what they need to be able to do

## Semi-Formal Pathway

To communicate wants and needs  
To maximise opportunities for independence of daily tasks through development of functional skills  
To take an active not passive role in decision making  
To understand their feelings and develop emotional well being  
To recognise their impact on those around them through development of social skills  
To repeat and overlearn to establish routines to support daily tasks including personal care  
To have tools to support unexpected changes or surprises and learning from problems  
To have achievable aspirations  
To understand bodily autonomy, know the names of their anatomy and know they are in charge of their bodies

## Formal Pathway

To understand roles and responsibilities in a variety of workplaces  
To understand how to manage daily tasks independently  
To understand the importance of achieving relevant qualifications  
To understand workplace expectations and vocational skills  
To understand how to advocate for their own needs and rights  
To understand the value of social inclusion and community participation

## Year 9 and 11

-To have in depth career meetings with an adviser to discuss and plan destinations  
-Year 11: Early Annual Reviews held, attend open days, explore pathways after Co-op Brierley.

## Year 6

To understand the roles and responsibilities of some key adults in school through WoW week  
To understand how to manage personal organisation and routines